

...a3crg Circuit Time Trials 2022

(Promoted for and on behalf of Cycling Time Trials under their rules and Regulations)

Glorious Goodwood Circuit Races ~ Chichester PO18 0PX

Saturday 14th May

@ The Iconic Goodwood Motor Racing Circuit ~ Course P917

Timekeeping Crew: Trevor Beauchamp, Kathleen Collard-Berry, Maria Golden,
Kirsty McSeveney, Martin Whitty

Start Line Officials: Mike Boyce (Speaker), Christina Dove

Motor Cycle Marshals: Jerry Bromyard, Colin Enticknap

Signing-On & Reception:

Photography by: Sheena Booker

There are “Provisional Results” available on-line during the event via: <https://resultsheet.co.uk>

Procedure for the Event:

Bring your own Pen, you need this to write down your race number on one hand so you don't forget it, also useful to write on your other hand how many laps you are doing

Gates will open at 17:30 ~ Please don't arrive early & block the road.

- *If you have road race pockets for your number, please use the left-hand pocket to aid the finishers.*
- *Make sure you have read the event details & conditions Respect Covid-19 Conditions & Protocol, it hasn't gone away yet.*
- *Do not walk across the airfield, it is an active aerodrome, rotor blades can make a mess of you & also tears your skinsuit, so making unable to sell on eBay*
- *Please use a front & rear light & a Hard Shell Helmet (Circuit conditions)*
- *Look where you are going, keep your head up,*
- *If caught, ease back; do not take pace on the wheel of the rider who caught you*
- *If passing a rider please make sure the effort is enough to pass completely*
- ***Last Lap**, stay on the Left inside the green Cones on the Finish Straight, and shout your number out as you finish.*

If you do not finish, please let us know, do not wander off home in a sulk & please put your number in the bin provided, not at the gate outside the circuit.

There may be time between 18:05 & 18:25 to warm up on the track (no riders warming-up on the track after 18:25)

Riders 40 years & over are in 5-year Age Groups i.e. “A” 40-44 etc., rather than “veterans

Event Secretary: David Collard-Berry, 59 Midhurst Road Fernhurst Haslemere GU27 3EN
Tel.: 01428 651843 ~ mobile : 07770 885428 ~ email dcb@a3crg.co.uk

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters require you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard. It is also compulsory that a WORKING FRONT & REAR LIGHT, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use

Course Description P917

After leaving the Pit Lane you are starting your **First Lap**, bear right, then right, then a little wiggle at St Mary's, then bear right ready to go down the Lavant Straight (Big Gear). At Woodcote there are two rights then a left & you are now on the finish straight, **first lap completed**. Next lap repeat. If you are doing 5 Laps, then the finish is in the green coned area on the left at the end of your fifth lap. Youth riders do either three laps or four, however they will need less of an explanation. There are signs to show you where the finish is, so please observe. Do not wear mittens as these can hamper your lap counting skills. Full details of the course follow. ~ **please read the circuit instructions**.

This is a 30 second Start Time Event, check your start time, late starts may not be an option.

Riders 40 years & over are in 5 year Age Groups i.e. "A" 40-44 etc., rather than "veterans

Road Bike Regs: No Aero Bars, Pointy Hat & Disc Wheel (Max wheel Depth 90mm)

Event 1: Men's *Flash* TT Bikes ~ 5 Laps 11.85 miles

Junior & Course Record: Thomas Day 00:22:31

| Num | Rider | Squadra/Team/Club | Cat/Grp | Départ |
|-----|------------------|--------------------------------|---------|----------|
| 2 | Martin Balk | 3C Cycle Club | Vet-E | 18:31:00 |
| 3 | David Donald | Fareham Wheelers CC | Vet-B | 18:31:30 |
| 4 | Chris Hughes | Velo Club Venta | Vet-B | 18:32:00 |
| 17 | Jordan Giles | Primera-Teamjobs | Sen | 18:38:30 |
| 18 | Mike Anderson | CC Moncontour | Vet-E | 18:39:00 |
| 19 | David Patten | Bognor Regis CC | Vet-G | 18:39:30 |
| 20 | David Gray | Axe Valley Pedallers | Vet-D | 18:40:00 |
| 21 | Hamish Walker | ...a3crg | Vet-C | 18:40:30 |
| 22 | Graeme Lannigan | Maidenhead & District CC | Sen | 18:41:00 |
| 23 | Will Goddard | Sotonia CC | Sen | 18:41:30 |
| 24 | Gary Chiverton | Bournemouth Jubilee Whs | Vet-E | 18:42:00 |
| 25 | William Sawyer | Velo Club St Raphael | Vet-D | 18:42:30 |
| 26 | Graeme Stirzaker | ...a3crg | Vet-D | 18:43:00 |
| 27 | Chris Wallis | Blazing Saddles | Vet-A | 18:43:30 |
| 28 | Dov Tate | ABCpure | Sen | 18:44:00 |
| 29 | Adrian Talley | Portsmouth North End CC | Vet-B | 18:44:30 |
| 30 | Terry Wilson | Chichester City Riders | Sen | 18:45:00 |
| 31 | Matt Hill | VC Godalming & Haslemere | Vet-E | 18:45:30 |
| 32 | Stuart Thompson | Velo Club St Raphael | Vet-B | 18:46:00 |
| 33 | Matthew Gilmour | Velo Club Venta | Jun | 18:46:30 |
| 34 | Jamie Whitcher | Bournemouth Cycleworks - Vitec | Jun | 18:47:00 |
| 35 | Nick Dwyer | DRAG2ZERO | Vet-D | 18:47:30 |
| 36 | Josh Newbould | Banbury Star Cyclists' Club | Sen | 18:48:00 |
| 37 | Joe Parker | Racing Club Ravenna | Sen | 18:48:30 |

Event 2: Femmes Smooth TT Bikes ~ 5 Laps 11.85 miles**Event Record: Jennifer George 00:25:27**

| Num | Rider | Squadra/Team/Club | Cat/Grp | Départ |
|-----|--------------------|--------------------------|---------|----------|
| 5 | Grace Richardson | Portsmouth North End CC | WJun | 18:32:30 |
| 6 | Anne Loh | NAUT Cycling | WV-D | 18:33:00 |
| 7 | Rebecca Richards | Storey Racing | WS | 18:33:30 |
| 8 | Nicky O'Dea | Portsmouth Triathletes | WV-A | 18:34:00 |
| 9 | Harriet Hernando | Maidenhead & District CC | WS | 18:34:30 |
| 10 | Anya Tamplin | Storey Racing | WEsp | 18:35:00 |
| 11 | Katie Simmonds | Horsham Cycling | WS | 18:35:30 |
| 12 | Georgie Little | HuntBikeWheels.com | WS | 18:36:00 |
| 13 | Lucy Gadd | Storey Racing | WEsp | 18:36:30 |
| 14 | Danielle Shrosbree | CAMS Racing | WS | 18:37:00 |
| 15 | Anna Dwyer | DRAG2ZERO | WS | 18:37:30 |
| 16 | Sarah Storey | Storey Racing | WV-A | 18:38:00 |

Event 3: Men's Road Bikes 5 laps 11.85m ~ Event Record: Red Walters 00:24:29

| Num | Rider | Squadra/Team/Club | Cat/Grp | Départ |
|-----|-------------------|----------------------------|---------|----------|
| 38 | Joseph O'Brien | Lee Valley Youth CC | Jun | 18:49:00 |
| 39 | Gordon Richardson | Portsmouth North End CC | Vet-D | 18:49:30 |
| 40 | Mark Wheeler | 3C Cycle Club | Vet-E | 18:50:00 |
| 41 | Dougal Rattray | Chichester Triathlon Club | Jun | 18:50:30 |
| 42 | Rory Plewes | Petersfield Triathlon Club | Esp | 18:51:00 |
| 43 | Michael Wykes | Blazing Saddles | Sen | 18:51:30 |

Event 4: Femmes Road Bikes ~ 5 Laps 11.85 miles**Event & Outright Women's Course Record: Hayley Simmonds ~ 00:25:26**

| Num | Rider | Squadra/Team/Club | Cat/Grp | Départ |
|-----|----------------|----------------------------|---------|----------|
| 44 | Kaye Dwyer | Lewes Wanderers CC | WV-D | 18:52:00 |
| 45 | Nicola Plewes | Petersfield Triathlon Club | WV-C | 18:52:30 |
| 46 | Gillian Selman | Old Portlians CC | WV-B | 18:53:00 |
| 47 | Joanne Clarke | Velo Club Venta | WS | 18:53:30 |

Event 5: ~ Youths 10yrs - 14yrs ~ 3 Laps 7.10 mile (Road Bike Regs)**2021 Event Records: Ben Tamplin ~ 00:19:11 ~ Yasmin Gubby ~ 00:21:23**

| Num | Rider | Squadra/Team/Club | Cat | Départ |
|-----|--------------|---------------------------|----------|----------|
| 48 | Joseph O'Dea | Chichester Triathlon Club | Youth-12 | 18:54:00 |

Event 6: (Formula Libre) Youth 14 yrs. - 15yrs ~ 4 Laps 9.50 miles**Event Record Matthew Gilmour 00:19:42 ~ Femmes Record: Katie-Anne Calton ~ 00:23:19**

| Num | Rider | Squadra/Team/Club | Cat | Départ |
|-----|----------------|---------------------------|----------|----------|
| 49 | Samuel Hughes | Velo Club Venta | Youth-14 | 18:54:30 |
| 50 | Grace Bishop | Chichester Triathlon Club | Femme-15 | 18:55:00 |
| 51 | Finn O'Brien | Lee Valley Youth CC | Youth-14 | 18:55:30 |
| 52 | Bobby Buenfeld | Velo Club Venta | Youth-15 | 18:56:00 |

Event 7: Heritage Bikes (pre 2001)
5 Laps 11.85 miles ~ Event Record ~ Vernon Schutte 00:34:20

| Num | Rider | Squadra/Team/Club | Cat/Grp | Départ |
|-----|----------------|----------------------------|---------|----------|
| 53 | Simon Hall | Crabwood Cycling Club | Vet-C | 18:56:30 |
| 54 | Vernon Schutte | Farnborough & Camberley CC | Vet-F | 18:57:00 |

Event 8: The 3-Up & 4-Up Team Time Trial
NB are No Primes Laps

| Num | Rider | Squadra/Team/Club | Cat/Grp | Départ |
|-----|-------------------|-------------------------|---------|----------|
| 90 | Matthew Puddick | Portsmouth North End CC | Sen | 19:15:00 |
| 90 | Carl Fiford | Portsmouth North End CC | Sen | 19:15:00 |
| 90 | Gareth Fiford | Portsmouth North End CC | Sen | 19:15:00 |
| 90 | Robert Ford | Portsmouth North End CC | Vet-A | 19:15:00 |
| 94 | Lucy Gadd | Storey Racing | WEsp | 19:17:00 |
| 94 | Anya Tamplin | Storey Racing | WEsp | 19:17:00 |
| 94 | Rebecca Richards | Storey Racing | WS | 19:17:00 |
| 94 | Sarah Storey | Storey Racing | WV-A | 19:17:00 |
| Res | Charlotte Parnham | Storey Racing | WS | |
| 96 | Jordan Giles | Primera-Teamjobs | Sen | 19:18:00 |
| 96 | George Skinner | Primera-Teamjobs | Sen | 19:18:00 |
| 96 | Sam Wadsley | Primera-Teamjobs | Sen | 19:18:00 |

TTT Procedures:

1. If you catch a Team then go past them, don't hang on to the back of them.
2. Therefore, if your team is caught fall back, especially at the finish, we are not timing a "bunch finish".
3. The Teams "Time" will be taken on the "Third Rider"

Riders 40 years & over are in 5 year Age Groups i.e. "A" 40-44 etc., rather than "veterans"

COURSE DETAILS, CONDITIONS & PROTOCOL

We will be calling riders to the start area in batches of ten, please listen out for your number & be ready to go to the start area, it is YOUR responsibility to be in the undercover area in time to race (5min), bearing in mind you are going off at **30 second intervals**. Social distancing must be respected in the start area.



The start is approximately halfway along the pit lane wall where you will do a standing start. When entering the track please check for other riders, you will then do five laps (less for Juveniles) ignoring the chicane (This is a wall on the track, you must stay to the left of the wall while racing). Whilst racing we request that you favour the right-hand side of the track & only overtake to the left of a rider in front. All riders need to check it is clear to overtake. There are two left-hand corners (St Marys & down the Levant Straight) where this could be an issue.

We have two marshals on motor bikes driving around the track, looking for lost riders.

At the end of your fifth lap (approx. 11.84m or 19km it's a good idea to have distance on your device) you will finish in the finish area, this is on the left-hand side of the track & you will have seen the green coned off area at the start & on previous laps. Ride to the left & into this coned

area to finish on the finish line, remembering to call out your race number. Finishing outside the coned area will not give you a finish time.

Once you have finished, please do a cool down lap, riding tight to the left-hand side of the track. Now the complicated bit! At some stage we need you to go to the right-hand side in order to come off the track, **but PLEASE do this on the Levant Straight before the Woodcote corner so you do not affect any other riders, remember to look before you change sides.** At the chicane you must stay to the right of the wall & exit the track.

AT THE END OF THE EVENT (Time Trial

As you exit the track through the gate there will be a Sign and a box to return your race number, PLEASE. (signed out).

DO NOT IN ANY CIRCUMSTANCES CROSS THE AIRFIELD.

Should you have a mechanical, you must walk back around the circuit as it is a working Airfield. There will be motorcycle marshals riding round if you need assistance.

ARRIVING AT GOODWOOD

Goodwood Circuit will not be open for riders until 17:30, please respect the early starters **and only arrive at a time that suits your sign on and warm up.** At the entrance you may be greeted by Goodwood staff who will ask for your name. Remember this is a private facility.

CAR PARKING

After progressing through the tunnel, you will turn left into the bayed car parking area. Please Park up as quickly & tidily as directed.

SIGNING ON

Once parked, go to the reception area to collect your race number (signed in). There are two toilet blocks one at either end of the Car Park but changing is limited so you should arrive race ready. To speed up registration there will be two lines depending on your race numbers, odds riders one side even on the other, please read the sign.

Turbo warm-ups are allowed as long as you can respect the current social distancing rules. **There maybe access to the track prior to racing. Please do not leave the inner circuit through the arrival tunnel, if you wish to warm up on the road, then please use the access tunnel to the right of the sign on area.**

Spectators are requested to watch from the viewing area above the Pit lane (Not in the Pit Lane) & to respect Social Distancing at all times. Coffee, Tea & Cake can be Purchased from the “HORSEBOX” on site.

We Must Respect Current Social Distancing Regulations even behind the “Bike Shed”

& Lastly, Enjoy your evening & thank you for your support.